## **All Nippon Kyudo Federation**

## **Regulations For Rank Tests**

(translated from the Kyudo Kyohon, Volume 1, pp. 201-202)

Rank	Requirements
3rd Kyu	One who is judged able to both perform the basic movements of shooting and handle the equipment to a certain degree, showing that he or she is training under systematic instruction.
2nd Kyu	One who is judged to have made marked improvement over the 3rd kyu level of training.
1st Kyu	One whose shooting form (shaho hassetsu) and conduct of shooting (taihai) are judged to be correct in their main points.
1st Dan	One whose shooting form and <i>taihai</i> conform to the proper form and who has reached a level where the arrow flight is consistent and not erratic.
2nd Dan	One whose shooting form and <i>taihai</i> both show proper form, whose execution of shooting technique shows vitality and spirit, and whose arrow flight is consistent and not erratic.
3rd Dan	One whose form has developed consistency, whose taihai has become settled and calm, whose breathing is well regulated, whose execution of shooting technique follows the correct principles, and whose arrows fly straight with fairly consistent accuracy.
4th Dan	One who, in addition to the required elements for 3rd dan, has correct breathing, a sharp <i>hanare</i> , and has reached a level where accuracy is consistent.
5th Dan	One whose shooting form, shooting technique, and <i>taihai</i> all conform to correct principles, who has begun to display <i>shahin</i> (dignity, quality, and elegance in shooting), and who, in particular, is judged to have achieved refinement.
6th Dan	One who shows excellent shooting technique and whose further development of refinement is striking and obvious.
7th Dan	One who has made shooting form, shooting technique and <i>taihai</i> a part of him or herself so that they are naturally expressed, who is possessed of a high degree of <i>shahin</i> , and who has reached an expert level.
8th Dan	One whose technical ability is perfect (mature), whose <i>shahin</i> is refined and elegant, and who has mastered the mysteries of the art of shooting.
9th Dan	One who has penetrated to the ultimate truth of kyudo.
10th Dan	

translated by Yoshiko Buchanan Shiseikan Kyudo Dojo San Jose, California

Go to Shiseikan homepage.  $\Box$